



INTRODUCTORY WORKSHOP ON TRANSGENDER HEALTH

FOR HEALTHCARE PROFESSIONALS

The LaLit Hotel, New Delhi

**1st May 2022, Sunday
8:30 AM to 4:30 PM**

Organizers



Association for
Transgender Health
in India



Sponsors



THE 
LaLiT

INTRODUCTORY WORKSHOP ON TRANSGENDER HEALTH 1st May 2022

Introduction

[ATHI \(Association for Transgender Health in India\)](#) in collaboration with [HPQI \(Health Professionals for Queer Indians\)](#) organized an interactive, **Introductory Workshop on Transgender Health** for the healthcare professionals (Doctors, Nurses, Paramedics, Medical Students and Nursing Students) at [The LaLit New Delhi](#) on the 1st of May 2022 from 08:30 AM to 4:30 PM. The workshop was conducted by domain experts and professionals of national and international repute working in the field of Transgender Health. This was the first in the series of offline workshops to be held by ATHI with the aim of creating a trained human resource by educating the healthcare providers and enhancing their skill sets for the delivery of evidence based, standardized, ethical Transgender Healthcare in accordance with the [Indian Standards of care \(ISOC 1\)](#) and [Standards of Care 7](#) released by the World Professional Association for Transgender Health (WPATH).



The Guests of honour, Dr Shobini Rajan, MD (Pathology), Chief Medical Officer (Senior Administrative Grade), Targeted Intervention and LWS Division I/C National AIDS Control Organization Ministry of Health and Family Welfare, and Dr Maneesh Singhal, HOD Reconstructive Surgery, who has been designated as Nodal Officer for the upcoming Centre of Excellence in Transgender Health, AIIMS, New Delhi apprised the participants about the path breaking initiatives taken by the Ministry of Health and Family Welfare who under the able leadership of NACO have partnered with the community, to not only create the framework required for the delivery of Transgender Healthcare in the country but also laid the foundation for training of the required human resource for implementation of holistic, affordable, accessible and affirmative care to persons with gender incongruence and people with differences in sexual development/orientation. Dr Shibu John, Professor and Dean, Department of Health and Pharmaceutical Management, Jamia Hamdard University, conveyed the commitment of the university towards increasing awareness and imparting education in this emerging field of Transgender healthcare. He was speaking on behalf of Professor (Dr) Mohammad Afshar Alam, Vice Chancellor, Jamia Hamdard University who along with Ms. Radhika Chakravarthy B, Joint Secretary, Ministry of Social Justice and Empowerment had sent their regrets for not being able to attend the workshop.

Having felicitated the guests of honour in the inaugural session, Dr Sanjay Kalra, President IPATH (Indian Professional Association for Transgender Health), the professional arm of Association for Transgender Health (ATHI), gave an overview of Transgender Health and reiterated that it would be his endeavour to marshal the IPATH members to strengthen the hands of the Ministry. He pledged to assist the Centre of Excellence by actively participating in the ongoing training of healthcare providers and facilitating research activities. He stressed on the need for reinforcing private public partnership.

The tone of the workshop was set by [Dr Kavita Arora, Adolescent and Child Psychiatrist](#) and [Dr Amrit Patojoshi, Psychiatrist and EC Coordinator LGBT Task Force of Indian Psychiatric Society](#), by emphasizing the need for all care providers to be mindful and understand the vital role of Mental Health Provider for delivery of affirmative care and integration of the individual with society enjoying equal rights and privileges as bestowed to all citizens by the constitution.





The entire workshop was designed on an interactive small group discussion format by dividing the participants along with the experts into four groups taking care that each team had a more or less equal representation from the community members, medical experts/surgeons, mental health professionals, social workers, paramedical/nursing staff and students/residents. There were a total of 52 participants who attended the workshop along with 19 experts from the various fields of Transgender health. The list of the experts along with their brief profile is annexed.

Five sessions with a lunch break had been planned. The detailed agenda is annexed. Each session flowed into the next, enriched by the learnings gained from the previous one through interactions between the group members, guided by inputs from the experts and directions given by the moderators chosen for the session. Different case scenarios based on a hypothetical individual named “Bacchu” were presented by the moderator to the teams. The team members then discussed the various situations among themselves, identified the medical and social issues faced and devised management strategies. The participants were also encouraged to deliberate on the current practices based on the published standards of care and extracts from the draft SOC 8 which had been sent to each participant prior to the workshop. The pre-lunch session addressed the Mental Health issues and social Issues related to Transgender Healthcare, while the post-lunch session covered Gender Affirmative Care, Dr Satendra Singh educated the gathering about the Medical Ethics and Legal aspects of affirmative care. This was followed by an interactive session in which the participants guided by the experts deliberated on the hurdles to the delivery of Transgender Healthcare and chalked out the way forward. The workshop concluded at 4:30 PM with the collation of the take home messages and a commitment by the participants to undertake the task of putting together a “Textbook of Transgender Health”, written with the collective effort of the participants under the mentorship of the experts who had conducted the workshop. It has been proposed that the said “Textbook on Transgender Health” be released during the inaugural session of the third international conference on Transgender Healthcare, IPATHCON 2022, scheduled to be held at Jamia Hamdard University on the 1st and 2nd of November 2022.

Vote of thanks was given by Dr Prasad Raj Dandekar founder of Health Professionals for Queer Indians (HPQI).



Note: You can get an experience the workshop by clicking on the photographs and links provided.

Take home points

1. Gender dysphoria can be mitigated by early recognition and provisioning of a nurturing environment and affirmative care. Family members, Primary Care Providers and Schoolteachers to be sensitized regarding gender and sexuality and prevent bullying and abuse.
2. Pediatrician to take the lead by looking at all children from the developmental perspective and monitoring development of gender and sexuality through childhood into adolescence and beyond. They should help to normalize presence of gender incongruence and differences in sexual orientation by educating parents and family members and providing a tool kit of resources promoting affirmative and participative care.
3. Healthcare providers need to advocate for equal rights and life of dignity for the individual. Highlight the need for creating safe spaces and gender friendly infrastructure such as washrooms, formulating gender neutral policy regarding school uniforms, having anti discriminatory policy in educational institutions and workplaces so as to improve mental health of the individual.
4. Community support groups and parent support groups can play an important role in ensuring a nurturing environment conducive for attaining good mental health, creating safe spaces and enforcement of redressal mechanisms.
5. Need for giving wide publicity through media for increasing awareness among the community members regarding the various initiatives taken and schemes implemented by the Government and registration of the community members on the national portal for transgender persons launched by the Ministry of Social Justice and Empowerment.
6. The healthcare provider to take on the role of facilitator and follow the informed consent model for delivery of affirmative care ensuring that medical ethics are followed and all decisions regarding the quantum and type of interventions are made by the individual.
7. Early gender affirmative intervention such as the use of puberty blockers to be considered if there is increasing gender dysphoria. Voice therapy and nonpharmacological gender affirmative interventions should be made available for reducing dysphoria.
8. All care providers should be well versant with the current standards of care and should provide care and follow-up by multidisciplinary, well trained, and certified Gender Affirmative Care Teams.
9. Written protocols and policies to be formulated and certification of healthcare facilities as Gender Friendly to be undertaken on the lines of NABHL.
10. Transgender Health should be included as a subject in the medical curriculum and taught at both undergraduate and postgraduate level. The teacher training curriculum to include training psychosexual development, gender, and sexuality.
11. There is need for developing a “Community Cadre” of healthcare providers with community representation at all levels of delivery of Transgender Healthcare.

12. Though there is exhibition of political will by the government for implement of the Transgender Persons Protection of Rights Act 2019, however there remains an acute shortage of trained human resource and infrastructure for the delivery of affordable, accessible, and standardized care in most states of India. There is a felt need for reinforcement of private public partnership in order to accelerate training of human resource and enhance the quality of Transgender Healthcare delivery.

13. The Gender Affirmative Care is only available in large metro cities with poor penetration in the rural areas. Intersectionality further compounds the issue by creating barriers to care on account of religion, caste, region, educational status, socioeconomic status etc.

14. The issues related to long term care, aging, companionship, parenting, lifestyle disorders and preventive health need to be addressed alongside prevention and treatment of HIV and other sexually transmitted illnesses.

15. Integration of the 'community-based' and 'community driven' healthcare delivery models with the Center of Excellence is the need of the hour.

16. Mainstream media should increase visibility of diverse people by putting out their stories and increasing awareness about issues faced by them.



Air Cmde (Dr) Sanjay Sharma (Retd)
CEO & Managing Director ATHI
Board Member WPATH

Annexures:

1. Agenda
2. Narrative for moderation of activity on social aspects impacting Transgender Health
3. Narrative for moderation of activity on Gender Affirmative Care
4. Profile of Experts



Annexure-1

AGENDA: INTRODUCTORY WORKSHOP ON TRANSGENDER HEALTH

Venue: Hotel Lalit New Delhi,
Date: 01 May 2022, From 8:30am To 4:30pm

Timing	Description	Speakers
8:30 - 9:00 AM	Conference registration	Team ATHI
9:00 - 9:30AM	Inaugural Session – Felicitation of the Guests of Honor & appointment of President IPATH Anchor – Ms Dipika	Chief guest Prof Dr Mohammad Afshar Alam Ms. Radhika Chakravarthy B Dr. Shobini Rajan Dr Maneesh Singhal Dr Richie Gupta Dr Prasad Raj Dandekar Dr Sanjay Kalra
9:30 AM - 9:40 AM	Overview of Transgender Health	Dr Sanjay Kalra
9:40 AM - 10 AM	Demystifying gender and sexuality	Dr Prasad Raj Dandekar
10 AM - 10:15 AM	Gender friendly healthcare initiatives	Dr Amrita Sarkar & Ms Dipika
10:15 – 10:30 AM	Ice Breaker & Team formation	Mr Varun & Mr Vishal
10:30 - 11AM	Tea	
11 - 11:30 AM	Mental health – being mindful of mind matters	Dr Kavita Arora
11:30 - 12:00 PM	Role of the Mental Healthcare Provider	Dr Amrit Pattojoshi
12 - 1:00 PM	Team Activity 1- Gender Affirmative Care – Navigating the social aspects Moderator: Ms Dipika, Social Worker	Experts Dr Prasad Raj Dandekar , Onco Surgeon Dr Anmol Rawat, Public Health Mr Aryan Pasha, Member National Council for Transgender Persons Dr Amrita Sarkar , Counsellor and Social Worker Dr Bela Sharma,
1:00 - 1:45 PM	Lunch	
1:45 - 2:45 PM	Team Activity 2- Gender Affirmative Care Moderators: Dr Priya Shankar, Pediatrician and Ms Lavina Nanda, Clinical Psychologist	Experts Dr Richie Gupta, Reconstructive Surgeon Dr Harish Pemde ,Pediatrician Dr Vishal Chhabra, Psychiatrist Dr Alpesh Goyal, Endocrinologist Dr Bela Sharma, Internal Medicine Dr Sanjeev Kumar, Pediatrician
2:45 - 3 PM	Ethics and policy making	Dr Satendra
3 - 3:55 PM	Team Activity 3- Hurdles in Transgender Healthcare delivery Moderator Dr Amrit Pattojoshi / Dr Sanjay Sharma	Experts Dr Prasad, Dr Richie Gupta Dr Amrita Sarkar, Ms Dipika, Mr Aryan Pasha
3:55 - 4 PM	Concluding remarks and vote of thanks	Dr Prasad Raj Dandekar
4 - 4.30 PM	Tea & interaction	

Annexure-2

Narrative for the moderation of the session on Social Issues Gender Affirmative Care

The task is to get out the Social Issues faced through the story of “Bacchu”



Association for
Transgender Health
in India

Transgender Persons in India

Population > 1,390,885,000

Estimated number of Transgender Persons in India >13,908,850
Transgender Persons counted in National Census 2011 – 487,803



Closeted
Living with family
Invisible
High risk
Out
Living with
supportive family
Visible
Low risk

Living in stealth
Invisible
High Risk
Out and on their own
No community support
Visibly Invisible
Very High Risk
Part of a Community
Visible
High Risk

96.5% of
Transgender Persons
living in India are
Invisible to the
Healthcare providers.

Targeted Intervention
by NACO



Association for
Transgender Health
in India

Transgender Healthcare – The Indian Scenario



Lack of Knowledge

- Majority of providers view Gender Incongruence as a disorder
- No Indian Standards of Care; No regulations; No accountability

Lack of an organized Transgender Healthcare delivery structure

- Majority of providers in the private sector
- No counterbalance in the public health domain
- Care available only in large metros

Lack of Empowerment

- Individual is misinformed
- Gatekeeping by providers

High cost of Gender Affirming Interventions

- Care inaccessible to the majority; No medical insurance



We will ask the participants to narrate their experiences.

Annexure-3

Narrative for the moderation of the session on Gender Affirmative care

Bacchu, a gregarious child, who was ever eager to participate in all class activities, is found to have suddenly become reserved and withdrawn. You had noticed that though Bacchu, since the very beginning, would not engage in rumble-tumble play activities with other children but they would be very happy playing house. Since last few days they refuse to interact with any of their classmates and has become very irritable. They choose to sit alone and brood.

Issues

Psychosexual development
Gender identity, fluidity,
Sexual orientation

You run into Bacchu's mother at the school gate as you are leaving for home. During casual conversation you come to know that Bacchu's teenaged cousins have come for a holiday to Delhi and are staying at his house. Bacchu does not like them since they tease them for being different. Bacchu's uncle has also commented on their behavior.

Issues

Gender affirmative environment
Prevention of abuse and trauma

Bacchu's mother is getting worried since Bacchu who would earlier share the minute-to-minute account of the days activities has started closeting themselves into their room. There have been instances of flying into rage and self-harm.

Issues

Closeting
Minority stress
Mental health – unmasking of psychiatric issues
Neurodiversity

Bacchu has confided in their sibling that they feel very uncomfortable with the changes happening in their body. They have been chatting with other adolescents online who have practicing binding and tucking for passing and have been taking some medicines to prevent changes. She suspects that the child has fallen in bad company and is concerned about their high-risk behaviour.

Issues

Passing- binding and tucking, voice modulation
Laser therapy
Puberty Blockers – indications cover the why, when & how

A friend of Bacchu's mother has told her that one of her distant relatives was facing similar issues with her child. She told her that they had been under care of a team of healthcare providers and had consulted a reconstructive surgeon.

Issues

- Hormonal interventions – Masculinizing and Feminizing hormonal intervention
- Gender Affirmative Surgical interventions
- Letters of recommendation

Bacchu's mother is concerned about the side effects of these interventions and wants to know if her child would be able to raise a family.

Issues

- Fertility issues
- Menstrual regulation
- Contraception and sexual health issues

She also wants to know the long-term consequences and life after 50

Issues

- Metabolic disorders and lifestyle issues
- Aging in the transgender

Bacchu's mother herself remains distressed due to the issues happening in the family and the reactions of other family members. Its taking a toll on her health. She also wishes to reach out to other parents and children who are facing similar issues.

Issues

- Resources
- Support groups
- Research – Aim? How to go about? What area? Ethics in medical research

Annexure-4

Profile of Experts

INTRODUCTORY WORKSHOP ON TRANSGENDER HEALTH

at The LaLIT Hotel, New Delhi

1 May 2022, Sunday

8:30 AM to 4:30 PM IST

GUESTS OF HONOR



DR SHOBINI RAJAN

Deputy Director General at Ministry of Health and Family Welfare,
Government of India

Public Health Professional in the field of HIV AIDS, Laboratory and Blood Transfusion Services with two decades of work experience in the Government of India, Ministry of Health and Family Welfare. Skilled in Public Health Administration, engagement with Nonprofit Organizations and Communities, National Health Programme development, Strategic Information Systems and Healthcare Systems Management. Medical professional from LHMC, New Delhi with a MD in Pathology from MAMC, Delhi University



DR. MANEESH SINGHAL

MBBS, MS, MCh, FCLS, FACS, NAMS

Maneesh Singhal is an Additional Professor of Surgery and Head, Department of Plastic Reconstructive and Burns Surgery Additional Professor, Department of Neurosurgical, JPN Apex Trauma Centre, AIIMS, New Delhi.

Dr. Maneesh Singhal is currently working as Additional Professor of Surgery and Head, Department of Plastic Reconstructive and Burns Surgery at the JPN Apex Trauma Centre, All India Institute of Medical Sciences (AIIMS). After graduating from Maulana Azad Medical College, Delhi University in 1995, he did his Masters in Surgery from Safdarjung Hospital, New Delhi in 2001 and joined AIIMS in 2005.

Dr Singhal has completed his Sub speciality training in Plastic Surgery and is a Faculty member at AIIMS New Delhi. Dr Singhal is advisor for various National and International organisations including Ministry of Health, Government of India. He has more than 100 publications.

As a Co-Principal Investigator for the Australia India Trauma Systems Collaboration (AITSC), he assists with the development and implementation for all research interventions, but is particularly involved with Intervention 4 Rehabilitation Prescription development.

EXPERTS



DR. RICHIE GUPTA

DIRECTOR - IPATH

Dr. Richie Gupta has been in clinical practice in the field of Plastic, Aesthetic and Reconstructive Surgery, since past 22 years. He is one of the leading surgeons in the country in the field of Gender Affirmation Surgery and Cleft Lip and Palate Surgery. Presently, he is Senior Consultant and Head of the Department of Plastic, Cosmetic and Reconstructive Surgery at Fortis Hospital Shalimar Bagh.

Dr. Richie has many publications in National and International Journals, to his credit. Well versed in the management of a large spectrum of plastic surgery cases, Dr. Richie Gupta core areas of expertise include microsurgery and free flaps, hand surgery and re-implantations, maxilla facial surgery, burns and cosmetic surgery, reconstructive surgery, cleft surgery and hair replacement surgery (flaps and micro hair transplants).



DR SANJAY KALRA

Sanjay Kalra is an endocrinologist working at Bharti Hospital, Karnal, Haryana. A graduate of Christian Medical College, Ludhiana he completed his post-graduation (MD) in Medicine at Pandit Bhagwat Dayal Sharma Post Graduate Institute of Medical Sciences, Rohtak, and fellowship (DM) in Endocrinology and Metabolism at All India Institutes of Medical Sciences, New Delhi. Kalra is the Immediate Past President of Endocrine Society of India and Vice President of South Asian Federation of Endocrine Societies. He also serves on the executive council of the Research Society for Study of Diabetes in India. He has over 1000 PubMed indexed articles to his name. He has developed the terms Glucocrinology and Lipocrinology and the Gluco Coper tool to assess coping mechanisms. Winner of the DAWN Award (2009). He has also published the concepts of diabetes fatigue syndrome, euthymia in diabetes, quaternary prevention in endocrinology, and quinary prevention. He is a member of IPATH & a practitioner of Gender Affirmative Healthcare

DR PRASAD RAJ DANDEKAR



Dr. Prasad is a leading oncologist and he heads the Radiation Oncology Department at Sir H N Reliance Foundation Hospital and Research Centre in Mumbai. He has been trained in Oncology in the India's apex institution, Tata Memorial Hospital (MD, DNB – Radiation Oncology), followed by The Royal Marsden NHS Trust, London. He has 20 years of experience in the field of Oncology with a unique experience of starting 3 new Radiation Oncology Centres.

He has keen interest in the overall healthcare industry and is trained from the premium academic institution Tata Institute of Social Sciences in Executive Post Graduate Diploma in Hospital Administration. He is a strong believer of importance of mental wellbeing and is a trained counsellor with a Diploma in Integrative Counselling.

He is also an International Coaching Federation certified Professional Coach. His coaching practice focusses mainly on coaching for members of the LGBT community and medical professionals to inspire them to succeed in their professional and personal life. He has received the prestigious Ananta Aspen leadership fellowship and is a part of the Aspen Global Leadership Network.

He is a founder of Health Professionals for Queer Indians, an initiative to sensitise healthcare professionals to the healthcare needs of the LGBT community. He is a co-founder of the Seenagers GupShup Group, a support group for gay men above the age of 50. He is an active member of the Rotary Club of Bombay Hills South. Apart from this is a sought after speaker at various conferences on oncology, mental health, and LGBT community.

MISS DIPIKA



Dipika is Transgender community leader and working for the community rights since 2010 and currently she is associated with "India HIV/AIDS Alliance as Programme Officer: Sexuality Gender & Rights team" and managing two national programme as well as she is advisory person for some transgender's inclusion in Delhi educational institutions and right now she is actively working for north India she have connected many transgender's with institutional and corporate for employments she is actively associated with government on transgender's schemes implementation.

DR. (HON.) AMRITA SARKAR



Amrita Sarkar has been involved with transgender activism for more than two decades and has been involved in numerous capacity building initiatives for transgender communities at the national and international level. She is one of the founding members and the Secretary of IRGT – A Global Network of Trans Women and HIV. She is also a member of TPATH (Transgender Professional Association for Transgender Health) and WPATH (World Professional Association for Transgender Health). She is currently working as the Advisor: Transgender Wellbeing and Advocacy, at Alliance India, Delhi. She has also made two films on transgender issues. She is a trained counsellor and have completed her post-graduation in social welfare. She has also received an Honorary Doctorate for her work.

Her area of interest is to advocate for comprehensive health programme (including gender affirmation care) for transgender population considering the challenges they have to face based on their preferred gender roles. This is one of her continuous effort I she is engaged in involving the transgender population and National AIDS Control Organization (NACO) India. She want to scale up this initiative from national to global level involving her overseas network and colleagues.

DR KAVITA ARORA



Dr Kavita Arora has done Child and Adolescent Psychiatrist, MBBS, MD(Psy) , CCST (Psy, UK) Delhi.

She is Co- Founder, Director - Senior Consultant Psychiatrist at Children First Institute of Mental health

She is part of a Gender clinic since 2007, Member of WPATH. Queer identifying.

She is the lead author for the Mental health section of the Indian Standards of Care (ISOC-1)



DR AMRIT PATTOJOSHI

Dr. Amrit Pattojoshi is a leading Psychiatrist from Bhubaneswar rendering professional help in overall mental health with key skill areas in Mood Disorder, Anxiety Substance, Child Psychiatry and Sexual Disorders.

Dr. Pattojoshi is qualified in MBBS, DPM and MD degrees. Dr. Pattojoshi's medical expertise can presently be availed of at Healing Touch, Hi-Tech Hospital and AMRI Hospital, all located at Bhubaneswar.

With impeccable experience in Psychiatry and De-addiction Medicine, Dr. Pattojoshi's name figures among the top mental health practitioners in the state.



DR ANMOL SINGH RAWAT

Dr Anmol is a public health specialist with more than 6 years of working in global and national level primary health, cancer, mental health and covid 19 interventions. A national level doctors trainer, speaker and recent national transgender parth breaker award receipting.

Dr Anmol is a transman and also represents NNTP as the Vice President.

MR ARYAN PASHA



Aryan Pasha is Asia's first publicly acknowledged transman body builder, he has received various awards in this category in open forums. By training he is a law graduate and has worked on various National initiatives on LGBTIQ inclusion, he has also worked as the legal helpdesk at MARG for marginalized communities and currently serves as one of the board members for a large LGBTIQ community based organization in Maharashtra India.

He is a Board Member of National Council for Transgender persons by the GOI and in September 2021 started trans-led salon to create employment opportunities. He has been helping community in getting enrolment in skill training courses and advocacy and sensitisation program with government bodies and MNC's.

For him, bodybuilding was never just a way to enhance physical self, but to make a powerful statement. And he did so by participating in IBFF India as country's first trans man to compete in bodybuilding championship. Aryan's battles against the society and its stereotypes had begun early in his childhood. It was only at the age of 16, that he came out to his parents, and initiated the transition at 18.

Today, Aryan became a ray of hope and an advocate of sorts for other transmen. Aryan has been an active championer for social causes and for sporting and healthy lifestyles. He has a considerable following both in the LGBTIQ space and amongst general communities and would be a great asset to messaging on youth and gender equality.

DR HARISH PEMDE



Harish Pemde is the Director Professor of Pediatrics at Kalawati Saran Children's Hospital and Lady Hardinge Medical College, New Delhi and affiliated with the University of Delhi, India. He leads the Centre for Adolescent Health, which is a WHO Collaborating Centre for Training and Research in Adolescent Health. He is involved in clinical patient care as well as research activities and serves as a member of the Technical Advisory Group in Adolescent Health in the Ministry of Health and Family Welfare, for the government of India.

Current research interests include validation of a screening tool to identify adolescents requiring detailed medical evaluation, quality improvement strategies in child and adolescent health practices, and development of mobile applications for doctors, parents, and adolescents.



DR ALPESH GOYAL

Dr Alpesh is an Assistant Professor, Endocrinology at AIIMS, New Delhi and is MD (Medicine), DM (Endocrinology) and has published 70 indexed national and international journals and also 10 book chapters.

Achievements & awards:

ESI-AV Gandhi Award, Best Clinical Research, 2018

Sh. Mohan Lal Wig Medal, Best Clinical Research, AIIMS, ND, 2018

Dr. MMS Ahuja Award, Best DM Student, AIIMS, ND, 2018

Winner, ESI The Young Scholar Award, 2017

Research interests: Youth onset diabetes, diabetes in pregnancy and disorders of adrenal gland



DR BELA SHARMA

Dr. Bela Sharma is a postgraduate from J.N.M.C., A.M.U., Aligarh.

She has done PGDMLS from Symbiosis Institute and a short-term course in Nephrology from P.G.I. Chandigarh. She has served in the Indian Air Force as Graded Specialist Medicine for five years. After which she worked as a Physician Nephrologist in Command Hospital Chandi Mandir and S.U.T. Hospital in Trivandrum.

She has been associated with the Fortis group since 2002. She has been looking after the O.P.D., I.P.D., and Emergencies in both internal medicine and nephrology. She has also been the Empanelled consultant for Canada and Australia from 2006 to 2011. She is active member of "Sweekar: The Rainbow Parents" - a parent support group for the LGBTQAI+ community.

Presently Dr. Bela is heading the department of preventive health care (Health4U) in FMRI Gurgaon. She does corporate health checks and customised health checks too. Dr. Bela is one of the Founding Directors of ATHI (Association for Transgender Health in India), Director KHEM (a subsidiary arm of ATHI) and a member of WPATH (World Professional Association for Transgender Health)



DR SANJIV KUMAR

Dr Sanjiv is a President, Indian Academy of Pediatrics, Uttar Pradesh 2020
Org Secretary, UP Pedicon 2019
President IMA Aligarh 2019
Member of Adolescent Health Academy
Life Member iPATH
Director, RUSA Medical Centre, Aligarh



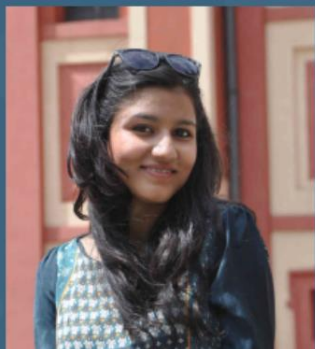
AIR CMDE (DR) SANJAY SHARMA (RETD)

Dr Sanjay Alumnus of Armed Forces Medical College Pune and College of Defence Management Secunderabad. He is Trained in Pediatrics from Army Hospital R&R Delhi and he has done Masters of Management studies from Osmania university and Commanded two Air Force Hospitals and was the first Consultant Administration of the Armed Forces Medical Services.

Currently he is the CEO & Managing Director of Association for Transgender Health in India, a not for profit organisation incorporated on 1st November 2018 and Board Member WPATH since Jan 2021 and currently working with MoHFW through NACO for setting up a Centre of Excellence for Transgender Health at AIIMS Delhi.

He has completed the Global Education Initiative (GEI) Certified Training Courses in Best Practices in Transgender Medical and Mental Health Care and am now a WPATH GEI SOC7 Certified Member. He also run a gender friendly holistic healthcare clinic "KHEM Clinic" at Gurugram, Haryana, India and is active member of "Sweekar: The Rainbow Parents" - a parent support group for the LGBTQAI+ community.

LAVINA NANDA



Ms Lavina is a Developmental Psychologist and Therapeutic Play Practitioner, Head of Developmental Centre at Children First, Child and Adolescent Mental Health Service Delhi.

Lavina has been providing gender affirmative care since last two decades.

Lavina feels blessed that she can make some of her loved interests like toys, stories, music, art, jumping and laughing, a part of her work. While she feels development and healing is a lifelong process, she also believes in the magic of 'early intervention'. Through her work, she hopes to create safe zones for children, young people and parents to explore their strengths and work on their difficulties. She enjoys travelling and has an appetite to experiment with everything edible!

DR PRIYA SHANKAR



Dr Priya Shankar MD, MPH is a Fogarty NIH Fellowship in Global Health and Co-founder of Adolescent Health Champions.

Dr Priya is a pediatrician and public health advocate with a passion for gender equality and global adolescent health. As a pediatrician, she has seen firsthand the important role that peer influence plays in a young person's understanding of their own health and in 2016 she co-founded Adolescent Health Champions to train youth as gender and health peer educators.



DR SATENDRA SINGH

Professor of Physiology, University College of Medical Sciences, Delhi, India.
He is Co-Chair at International Council for Disability Inclusion in Medical Education.

Core Group on Disability, National Human Rights Commission
Bucksbaum International Scholar, University of Chicago
MacLean Center for Clinical Medical Ethics fellow, University of Chicago

Medical Humanities

Dr Singh and his colleagues documented the medical humanities movement in India. He set up Enabling Unit for persons with disabilities and founded Infinite Ability. These are the first such bodies in any medical college in India. He organised the first ever Theatre of the Oppressed workshop for medical students in India. He was also instrumental in organising a unique 'Blind with Camera' workshop for the visually impaired and blind students of University of Delhi in 2012 with Partho Bhowmick.

Intersex Rights

Dr. Singh with his other activists - Dr. Aqsa Shaikh and Dr. Sanjay Sharma successfully petitioned Delhi Commission for Protection of Child Rights for recommending to Delhi Government to ban medically unnecessary sex normalisation surgeries on intersex children.

Awards and honours

- National Award by President of India on Election Commission of India's National Voters' Day 2021[61]
- State award by Delhi Election Commission on National Voters Day 2020 on contributing to make the General Elections 2019 inclusive and accessible.
- Bucksbaum Institute International Scholar, 2019 at the Bucksbaum Institute for Clinical Excellence at the University of Chicago.
- MacLean Center for Clinical Medical Ethics fellowship from University of Chicago in 2019
- Mary Glowrey - Liliane Brekelmans Disability Award – 2019 by Catholic Health Association of India and Liliane Foundation, Netherlands.
- Henry Viscardi Achievement Awards by the Viscardi center in 2017.
- 'Medical Personality of the Year' award by Delhi Medical Association in 2017.
- State Award by the Government of Delhi for exceptional achievement by a person with disability in the field of social work in 2016.
- NCPEDP MphasiS Universal Design Awards 2013.

